

Social Distancing

Keep a distance of 2 metres or 6 feet - about one body length away from people.

Avoid touching other people, and that includes handshakes.

Social distancing slows down the spread of the coronavirus, which keeps our resources available to those in need.

ardentinny.org

MORE INFORMATION:

www.nhsinform.scot/coronavirus

LOCAL RESOURCES

Ardentinny Residents' Forum

www.facebook.com/groups/ardentinny

Ardentinny Community Council

<http://www.ardentinnycc.co.uk/>

www.ardentinny.org

